

Q&A's with Jessica Errington Nurse (BSc) hons – NMC Registered RN, Independent Nurse Prescriber - INP, BACN member and owner of je Clinic in Horrington.

1. What Qualifications and Experience do you have?

I qualified as a registered general nurse in 2000 after achieving a Bachelor of Science degree in Nursing at the University of the West of England in Bristol. I have over 20 years' nursing experience working mainly in Intensive care at the Bristol Royal Infirmary and the Bristol heart institute in the Emergency Cardiac Catheter laboratories. I then decided to train and specialize in Aesthetic non-surgical cosmetic medicine in 2015. I also went back to university and qualified as an Independent Nurse Prescriber.

I am Registered with the Nursing Midwifery Council (NMC) and a Member of the British Association of Cosmetic Nurses (BACN). I Frequently attend BACN regional meetings, workshops, training courses and conferences remaining up to date with current practice and procedures.

Meet Jess

Our Cosmetic Nurse



2. What is your specialism?

Skin! I am qualified and experienced in a wide range of treatments to rejuvenate and bio remodel your skin to overall improve skin fitness. We all exercise our bodies and forget our skin needs it too!!

I am trained in treatments that can improve skin texture, reduce, and soften fine lines, wrinkles, and pores. Improve skin laxity, firmness, and hydration. Replace volume and support to help soften and reduce the signs of aging, in a natural looking way. Its about looking and feeling the best version of yourself you can be!

3. What services and treatments do you offer?

Where to start?! The best place to start is with a 30min skin consultation where I can fully assess your skin and give you the treatment options that best suit your individual concerns. Then an appointment can be made for treatment.

It is important to stress that I offer medical procedures (not beauty treatments) which need to be carried out in a clinical and medical manor. Medical history, psychological wellbeing, consent forms and photos will need to be taken.

Some of my treatments include:

Skin Care – Neostrata and Tebiskin clinical products for anti-aging, acne, pigmentation etc....

Profilo and viscoderm Hydro booster injections - for Hydrating, firming, and stretching the skin.

Glycolic and Retinol peels – deeper exfoliation and skin rejuvenation for fine lines and wrinkles, acne, pigmentation etc...

Derma pen needling - is a treatment typically used for skin rejuvenation and scar repair. It really helps even out the skins texture, reduce fine lines, wrinkle, and pore size.

Anti-wrinkle injections - to help reduce and soften fine lines and wrinkles to the forehead, frown, and crow's feet.

Dermal Fillers – to add volume and support the aging structure of the face.

All these treatments are suitable for men and women. They can also be performed not only on the face but the neck, chest, and hands too!

4. Whats your favourite treatment and what do you have done?!

Ha-ha.... I do get asked that! People always like to know if you have tried the treatments! I think it is important to try them all! as a practitioner you learn a lot from experiencing them yourself (well that is my excuse any way!!).

I use skin active NeoStrata skin care products and have regular peels. I love to have a derma pen needling treatment every 8-12 weeks if I can. I go and have anti-wrinkle injections to my forehead, frown, and crow's feet and Profhilo injections to my face every 4-5months. I have had dermal filler to my temples and cheeks in the past.

My favourite? that is too hard! I love them all, they all have a different purpose and function.

5. Why should people come to see you?

Every patient is an individual and will be treated as one. My patients can be reassured that they will always receive professional and honest advice. I am very friendly and approachable making you feel comfortable and at ease. This is an ever-expanding business with lots of unqualified and inappropriate people carrying out these medical treatments. You can trust me as a professional nurse that I have you and your individual needs at the centre of my care.

I am thrilled to be part of this team and look forward to creating this body and mind wellness centre with the other practitioners to cover your head to toe needs!

Owner of je Clinic in Horrington, Somerset. www.jeclinic.co.uk for more information.

If you have any other questions for Jess or you would like to book in a free consultation, get in touch with the Even Me Aesthetics Team and she'll be happy to meet you for a confidential chat about how she can help you.